

ADELAIDE HAPPY WANDERERS 2011 PROGRAMME

A gay walking group

Day walks on the first Sunday of the month.

Meet outside Alfresco Cafe, 260 Rundle Street, Adelaide at 9.00am

For further information contact the organiser – David B Tel: 0403973848

Email: dbarone@internode.on.net Web: <http://www.ahw.org.au>



Date	Location and Description	Grade	Walk Leader
6 February	Arbury Park (Bridgewater) Walk along a section of the Heysen Trail near Bridgewater through Mt George Conservation Park. Variety of forest vegetation.	medium	David B 0403973848
4-6 March	Port Elliot YHA hostel & Heysen Trail. Enjoy this funky new YHA hostel overlooking Horseshoe bay, Pt Elliot. Beds booked for early birds. Beds may still be available- RSVP ASAP. Walking, cycling and swimming activities during weekend. The usual Sunday walk will be along the Heysen trail . Meet at Victor Harbour Klienig's lookout at 10.45am	medium	Keith H 8271 4986
3 April	St Johns Bushland Park, Lobethal. An attractive bush park with undulating terrain. Vegetation: Messmate string bark and Manna gums and understory of grevillea and correas.	medium	Keith 8271 4986
3 April	Opening of walking season-10am till 3pm with the official opening at 1pm. Walking SA is promoting the Opening in conjunction with the Friends of the Heysen Trail. The event will be held at the Tea Tree Gully Oval. AHW are not participating - attend if you want. Contact Warren (8271 4986) for more info.		
1 May	Waterfall Gully to Mt Lofty. From Waterfall Gully car park to Mt Lofty summit return. Steep climb, but spectacular views from summit.	hard	John D 0403973848
5 June	Chambers Gully - A gentle climb through Chambers Gully spotting koalas, roos, yellow tailed parrots and possibly southern brown bandicoots and echidnas. Lunch at the peak of Sugarloaf Hill & return via Long Ridge Track (Total walk approx 5km).	medium	Mark G 0402640696
3 July	Heysen trail Mount Crawford, behind Kersbrook. Forested areas, undulating hills and one steep section. Car shuffle needed.	medium	Mervyn 0405632020
7 August	Deep Creek Conservation park. This 'Great Short Walk' offers views of Deep Creek and runs through dense and rugged remnant vegetation. It culminates at a permanent waterfall. Return via the same trail to the start or pick up Heysen Trail to Trig campground.	medium	Darren P 72260290
4 September	Historic Port Adelaide and Semaphore. Go by train to Port Adelaide, then a guided walk through the old port area and the seaside suburb of Semaphore.	easy	David H 0417821169
11 September	Cycling. Details to come later	easy	David B 0403973848
2 October (Labor day weekend)	Yurebilla Trail The final section is approx 10ks "a beautiful sightseeing tour of the Black Hill Conservation Park's diverse vegetation including large areas of sheoaks, banksia and seasonal wildflowers.	medium	Graham S 8339 8653 0422480985
6 November	Lavender Federation trail. Easy walking through rolling countryside with pleasant views from Springton towards Eden Valley. Car shuttle involved.	medium	Warren 8271 4986
10 November	Planning Night. Pizza, dessert, drinks and thoughts of 2012. Venue to be confirmed (volunteers welcome).		David B 0403973848
4 December	Christmas BBQ Lunch. Suggested venue in parklands, but open to volunteers to host. More details to come closer to event.		David B 0403973848

Costs: Public liability insurance and "Walking SA" membership and AHW administration fee. From July 2010 9 (collection operates on the financial year) *Optional membership:* Suggest: regular walkers - \$20.00 (all inclusive of above) or *occasional walkers:* - \$10.00 (PL insurance and "Walking SA membership) plus \$2.00 per walk. First time walkers are covered free as guests. The AHW administration covers costs such as printing, postage and telephone calls.

Passengers sharing car expenses: The leader will suggest an amount on the day. E.g. Mt Crawford, 3 passengers = \$6.00 per person. It is expected that passengers will offer the driver the recommended amount to cover fuel and running costs. **Drivers:** Please accept the money when offered by the passengers.

Check list for day walks: Walks often take place in areas where no shops are available. All food and drink should be carried on the walk, unless specifically stated otherwise.

Food: Lunch, nibbles. **Drink:** Take plenty of water and any other non-alcoholic liquids as required.

Clothing: Please [check the weather report](#) for the day and wear clothes suitable to the climate. Wear sturdy walking shoes, socks, rain gear and/or other clothing suited to the environment (eg. jeans or long pants may be suited to bush walks to protect your legs, but shorts may be more suitable for walks in the city/ parklands) **Protection:** Sunscreen, hat, sunglasses, personal first aid kit, etc.

Disclaimer: Walkers participate in the walks on the basis that they are responsible for their own actions and decisions. The Happy Wanderers are not responsible for the condition of the trail, weather or wild life and cannot be held responsible for any accidents or events that may injure/damage walkers or their property. New walkers will be asked to sign a Risk Waiver form. The programme is subject to change without notice. Whilst the website will be kept up to date as practicable, details of the actual walk will be provided on the day or by contacting the leader prior to the walk. The day walks are planned as a full day activity and may finish late in the afternoon.